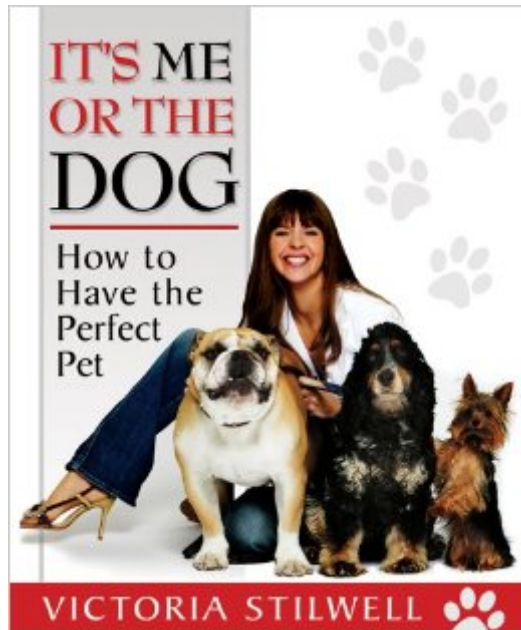


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# It's Me Or The Dog: How To Have The Perfect Pet



## Synopsis

Canine expert Victoria Stilwell shows readers how to train their dogs out of even the most difficult and persistent bad behaviors. It's Supernanny for your dog! Victoria Stilwell is one of the world's most recognized and respected dog trainers. As the host of the international smash hit television series *It's Me or the Dog* and the founder of training schools on both sides of the Atlantic, she is known as much for her spunky attitude as for her caring, effective methods. Here, in her first book, Victoria shows how to tame even the most problematic dog. Simple, intuitive instructions and color photographs help dog owners not merely train their pets, but truly understand them -- so when a new issue arises, they'll be able to adjust their approach and nip it in the bud before it gets out of hand. Throughout, she reminds owners that training isn't about imposing their will on a dog; it's about giving him the tools he needs to live in the human world. Topics include: Think Dog: understanding your pup Talk Dog: canine communication Dog School: basic obedience training Dog's Dinner: the right diet Accidents Will Happen: house-training You'll Never Walk Alone: exercise Worker's Playtime: having fun with your dog

## Book Information

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## Customer Reviews

This clearly written book covers all the essential topics (including some that many books overlook) in a very accessible way. The author believes in leadership, but she also stresses that your job is to help your dog learn to live in a human world. Her philosophy: "Training is not about imposing types of behavior on your dog that are alien to his nature. It's not about making your dog fearful or breaking his will. It's giving him the tools to live in your world." Her advice is practical and effective, and for "show me" people, her tv series is also excellent. Chapters: Think Dog/understanding your

dogTalk Dog/communicating with your dogDog School/basic obedience trainingDog's  
Dinner/feeding your dog the right dietAccidents Will Happen/how to house-train your dogYou'll  
Never Walk Alone/exercising your dogAin't Misbehaving/teach your dog how to live in your  
worldWorker's Playtime/how to have fun with your dogFor those looking for problem-solving guides  
with a similar practical, positive approach, tryÂ Outwitting Dogs: Revolutionary Techniques For Dog  
Training That Work!.

This book is wonderful. A friend of mine who lives in England ordered it for me, as Victoria Stilwell has a dog training TV show ('It's Me or the Dog') over there that started around the same time as Cesar Millan's Dog Whisperer show here. Apparently, the show is coming to Animal Planet in the US in April. First of all, the book is beautiful. Could be a coffee table book in its own right considering the beautiful photography and layout. It's presented so that you can flip around from chapter to chapter as needed, which is nice for a dog training book. I'd recommend reading it all the way through first, though, as you get a real sense of her philosophy that way. Which is the best thing about the book. The whole concept is to try to get us dog owners to view things from a dog's point of view and understand the reasons behind the behavior we're trying to change in our dogs. She still says to treat the dog like an animal and not a child, but it really opened my eyes about how and why certain things were happening, and I feel like my relationship with my dog (which was great before I read it) is even better now. It's like discovering there's another plane from which you can view things. Very positive-reward-based training methods which have worked wonders for us so far. Really easy to read yet intelligently presented. My friend in England says Victoria is the biggest name in dog training there now because of her show, and after reading her book, I can see why. Good for dog lovers or dog owners. Even if you've got everything sorted out between you and your dog, you'll love this book, as it's truly a celebration of dogs and our relationship with them, as well as a fantastic training tool. A must for all dog people!!!

Best dog training guide ever! I used this book to help me solve my problems I had with my Labrador Retriever pulling on the lead, being unfriendly toward strange dogs, barking, and his mild separation anxiety. I also love this book because Victoria uses positive training methods unlike Cesar. I highly recommend this book.

I started watching It's Me or the Dog on TV a few weeks ago and was learning a lot. I have been working on training my 6 month old puppy and decided I should get this book. Normally this is the

kind of book that I might skim through and read the applicable sections, but I ended up reading it cover to cover. Victoria writes in such a way that you really understand what's going on in your dog's head. Being a fairly short book, I wasn't expecting it to address all of my concerns but it seemed at some parts that she must have met my dog before because she exactly described some of her quirky behavior! The portion of the book that I wasn't expecting and that I found very informative and somewhat shocking was the section about dog nutrition. I had never really read the labels of the dog food that I was using because it was recommended by my dog's breeder and it is a well-known brand. In this book Victoria lists and describes some of the common ingredients in dog food. After reading this and then seeing the ingredients in my dog's food, I was shocked to see things like chicken by-product (rendered chicken carcass, possibly bones, beaks and feathers!) and unhealthy fillers. I have since switched to dog food with natural ingredients and I now pay much more attention to what I buy to fuel my dog's body!

Her approach to dog training is very positive and upbeat. She helps you remember that while it is a process training your pet that you shouldn't forget that you can have fun and enjoy them. I wish there would have been a bit more information on puppy specific issues but on the whole still a good tool for understanding and training your dog.

This book is very informative and I love her positive approach to training. Most of the information in the book you can view on her tv show "It's Me or the Dog", but the book is great for a quick review on how to handle situations if you have seen all her shows. I would recommend this book to anyone who has a dog of any age! Victoria's information really helps you to understand a dog's point of view and therefore helps you to understand your dog. I have learned so much from her show and this book! Truthfully it was watching her show that made us go to a rescue center and buy a dog so we could train it. Her methods really work. Our new 2 year old Boston Terrier mix isn't perfect...yet, but Victoria has helped us over several hurdles and we can foresee a wonderful life with our new bundle of joy. Would just like to mention that we also watched several Dog Whisperer shows and found his (Cesar Millan) methods much too aggressive. He was too forceful and it seemed like Victoria got faster and better results with patience, kindness, and understanding with your dog.

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